



CALIFORNIA DEPARTMENT OF

Mental Health

Patton State Hospital

Postdoctoral Fellowship

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Postdoctoral Fellowship Program

Patton State Hospital

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MISSION AND VALUES

The Postdoctoral Fellowship at Patton State Hospital consists of two separate tracks, and is intended to train clinical psychologists in the specialized areas of forensic psychology and clinical neuropsychology working in forensic settings. Our goal is to provide the highest quality training experiences with supervisors who are themselves trained in the respective practice areas. Upon completion of the program, forensic fellows will be prepared to work in forensic settings and to engage in the independent practice of forensic psychology, subject to the statutory limitations of their jurisdiction. Neuropsychology fellows will be able to provide neuropsychological services to a psychiatric population and understand the interface of neuropsychology and forensic psychology. It is a goal of both tracks that our graduates will pursue board certification through ABPP in their respective subspecialties. It is also our hope that trainees will go on to become leaders in their respective fields of practice.

There are two distinct program tracks in the fellowship program - the forensic track and the clinical neuropsychology track. Although there is some overlap between the tracks, the primary training, goals and tasks of the tracks are distinct.

Both programs emphasize the following:

- the ethical and practical differences between clinical and forensic work
- the necessity to develop and maintain competence in psychological research impacting neuropsychological or forensic practice
- awareness of current controversies in the field
- facility with the selection and use of specialized clinical, neuropsychological, and forensic test instruments
- landmark case law, including the standards for admissibility of expert testimony in federal and state courts

The fellowship program is dedicated to the highest standards of practice. At minimum, trainees and supervisors commit themselves to complying with the ethical standards articulated by the relevant professional groups, including the Ethical Principles of Psychologists and Code of Conduct of the American Psychological Association (APA), the Specialty Guidelines for Forensic Psychologists, and the Standards for Educational and Psychological Testing.

The fellowship is a member program of the Association of Psychology Postgraduate and Internship Centers (APPIC) and adheres to all APPIC policies.

THE HOSPITAL

Patton State Hospital has been accredited as a forensic mental health facility by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) since 1987 and is the largest maximum-security forensic hospital in the nation that houses male and female criminally insane patients. Patton has a long and interesting history that dates back to 1893 when the hospital was first opened as the “Highland Insane Asylum.” From the turn of the century through World War II, the hospital maintained a moderate census of less than 1,000 patients. Increases in Patton’s population paralleled a post-World War II nationwide hospital expansion so that by 1950 the hospital contained 4,000 severely mentally ill and substance abusing patients. By then, Patton was a self-contained community of 670 acres where the patients raised livestock, grew vegetables, and ran a hog ranch, tailor shop, newspaper, furniture shop, mail room, sewing room, and laundry. The goal was to have an entirely self-sufficient community within the state hospital.

Patton’s history reflects mental health trends in the 20th century. Prior to the discovery of Thorazine’s neuroleptic properties in the 1950’s, Patton used the most advanced mental health technologies available, including insulin shock, metrazol shock, lobotomies, electric shock, industrial and occupational therapies, operant conditioning and medications (aspirin, tranquilizers and bromides). In 1955, Patton began giving Thorazine routinely and received a large grant from NIMH to study the efficacy of major tranquilizers on release rates.

The current population at Patton State Hospital is composed of approximately 1,500 judicially committed patients with a wide range of mental disorders including psychoses, mood disorders, personality disorders, substance abuse disorders, and neuropsychological impairment. Because Patton is a maximum-security institution, only those patients who cannot be safely housed in less secure hospitals are admitted. Patton houses most of the female Penal Code patients in California—currently about 300 persons. Some patients are remanded to the hospital because they became mentally ill prior to, or during, a trial and were unable to complete judicial proceedings. Others have been tried and found not guilty by reason of insanity. Some units house criminal offenders who became acutely symptomatic while imprisoned and required psychiatric treatment, and other units house inmates paroled to the Department of Mental Health prior to release to the community. Some patients who have not committed criminal offenses are admitted through civil commitment procedures because they present a substantial danger due to their mental illness. More recently, the Patton population has expanded to include male patients who are committed for mental health treatment following their prison sentences. The patients’ varied diagnoses and legal commitments make this a challenging and exciting setting for staff and fellows, requiring maturity and flexibility. This setting provides unique exposure to the complex interactions among severe mental illness, character disorders, substance abuse, criminality, and dangerousness.

THE AREA

San Bernardino, California, is a city of approximately 190,000, within a county of over one million people. It is in a valley surrounded by mountains and foothills that are snow-covered in the winter. In the summer, one can fully appreciate the variety of trees planted on the hospital grounds by a former Medical Director, who had an interest in botany. Summers are warm, as the climate is desert-like.

No matter in which direction one travels, there are opportunities for recreation, sports, shopping, and cultural events. Within a 30-mile radius there are six major universities. Not only do these institutions offer an opportunity for continuing education, they also host special events in art, music and drama. Sports fans will find, within a 1½ hour drive, two major league baseball teams, two professional basketball teams, two NHL teams and numerous racetracks (but unfortunately no football team). Soccer participants will appreciate the year-round availability of teams and playing fields. Snow skiing is within 45 minutes; boating, fishing, camping, and water skiing are within 30 minutes; and surf and sand are within 60 minutes. If one so chooses, the endless adventure of Los Angeles, Beverly Hills, and Hollywood are about one hour away. San Diego also has numerous recreational and cultural activities and is about two hours away.

It is not necessary to travel far to find entertainment. In the area there are more than 20 movie theaters, two community concert associations, the well known Redlands Bowl Summer Music Festival, fairs, travelogues, museums and parks.

Though the San Bernardino Inland Empire is one of the fastest growing areas in California, housing is less expensive than most communities in southern California. Many staff members choose to live in the nearby university community of Redlands or in the mountain communities. Others choose to commute from Rancho Cucamonga (about a 25 minute commute) or other cities closer to Los Angeles, such as Pasadena.

FELLOW SELECTION REQUIREMENTS

Patton State Hospital is an Equal Opportunity Employer and does not discriminate on the basis of race, gender, color, ethnicity, national origin, disability, age, or sexual orientation.

Prospective fellows are recruited nationally from individuals who hold a doctoral degree in clinical psychology and have completed an internship in clinical psychology. Candidates from APA accredited institutions and APA accredited internships are strongly preferred; however, other candidates will be considered as required under state civil service regulations.¹ Prior to beginning the fellowship year, the doctorate must be completed.²

We expect that incoming fellows have completed their general clinical training. They should already possess facility in the selection, administration, and interpretation of traditional psychological tests; in writing concise yet thorough assessment reports that integrate the data from various sources; in addressing their findings to audiences of varying levels of psychological sophistication, and in conceptualizing appropriate treatment recommendations. The nature of the work requires exceptional skills in written and verbal communication.

This fellowship requires the capacity to work independently and yet adjust to the requirements of a large state institution. Forensic psychology in general, and this fellowship in particular, make strong demands on a professional's personal maturity. The ideal candidate will be skeptical yet open-minded, knowledgeable, and intellectually curious. The ability to maintain firm boundaries is essential in forensic practice, yet the ability to establish rapport is also necessary. Personal integrity is foundational.

The selection process begins when the applicant accesses application materials from the website for the fellowship. The first level of review confirms that all required materials have been received prior to the deadline date. The second level of review is a thorough examination of all documentation by the Director and members of the Fellowship Committee. Subsequent to this review, a decision is reached whether to interview the candidate. Personal interviews are required. Interviews are conducted by the Fellowship Director, the Training Director of the relevant track, and often one other Fellowship Committee member. We require a brief on-site written work sample as part of the interview process. Final rankings are determined through the consensus of the Director and the committee members of the Fellowship.

¹ APPIC policy requires that fellows have graduated from institutions, which are regionally accredited, at minimum, and from internships meeting APPIC standards.

² This is defined by APPIC "as having on the first day of the fellowship either the diploma in hand or a letter from the Director of graduate studies verifying the completion of all degree requirements pending institution graduation ceremony."

STATE EMPLOYMENT INFORMATION

Starting Date: The fellowship begins on the first day of the State of California's September pay period, which is the first day of September this year.

Although fellowship offers are made in February or March, actual employment in September is contingent on passing a physical examination (including drug-screening) and a security clearance including fingerprinting. These must be arranged with the Human Resources office to be completed before the start date. Additionally, proof that the candidate has completed all requirements of his or her graduate program (including dissertation) is required prior to beginning the fellowship.

Salary: Funding is through a Civil Service appointment to the job classification, "Clinical Psychology Intern" [sic]. Fellows are Limited Term Employees, hired for one year (Forensic Track) or two years (Clinical Neuropsychology Track). The current salary is approximately \$3,717.00 per month (approximately \$44,604 per year). Fellows are paid once per month, usually on the last day of the month on the state calendar. The first payday is the last day of September. There are **no** unpaid positions.

Medical Benefits: Medical, dental, and vision benefits are provided. Several medical insurance plans are provided for employees to choose from, with set amounts paid by the state depending on marital status and number of children.

Sick Leave: Sick leave is earned at the rate of one day per month, but cannot be used until the month following the start date. The time is to be used for personal illness, medical or dental care, or to care for members of the immediate family. When more than two sick days are used at one time, employees are required to submit a physician's note to document care or illness.

Holidays and Vacation time: Fellows have the same holidays as other state employees. Vacation time is accrued at the rate of seven hours per month (about two weeks a year), but accrued vacation time may not be used until the seventh month of employment. Unused vacation time is paid to the fellow at the end of the year.

Time Requirements: The fellowship is a one-year full-time placement using the State of California calendar and workweek. Regular hours are 8:00 am to 4:30 pm, Monday through Friday. Although fellows are not expected to perform patient-related work after hours, there are times when reading, study, or research may occur beyond the regular workweek.

Outside Employment: Because the fellowship program is demanding, outside employment is strongly discouraged. If a fellow must work outside of the program during off-duty hours, he or she must complete an "Incompatible Activities Statement" required by the State of California to ensure that there is no conflict of interest.

CORE REQUIREMENTS OF THE FELLOWSHIP: FORENSIC TRACK

Forensic psychology encompasses a range of practice areas far broader than any single training program could address. The fellowship program at Patton State Hospital emphasizes certain core competencies, while also providing a limited number of opportunities for elective experiences, which are described later. It is our philosophy that a forensic psychologist can expand upon the core competencies in order to maintain a high standard of work in whatever areas are chosen for future forensic practice. For example, the ability to search for and apply case law regarding a clinical issue is broadly applicable across jurisdictions and practice areas.

Core Competencies

By the end of the fellowship year, we expect our forensic fellows to have mastered the following core competencies:

General Psychology: Fellows will build upon their earlier training to round out their competence in all the areas of general psychology assumed to be required for licensure in most states.

Ethical Principles: Fellows will be able to articulate and apply the APA Ethical Principles of Psychologists and Code of Conduct and the Specialty Guidelines for Forensic Psychologists. They will be able to meaningfully discuss the major areas of potential ethical conflicts and liability in forensic practice.

Forensic Evaluations: Fellows will be able to plan and perform forensic evaluations addressed to the specific referral questions and relevant legal standards and will be able to write comprehensive and clear reports outlining the relevant conclusions. They will be able to clarify legal issues with referral sources and apply appropriate legal standards to the available data. They will be familiar with the panoply of specialized forensic instruments in the core areas of practice, such as competence to stand trial and violence risk assessment.

Communication and Consultation: Fellows will be able to communicate clearly to a variety of audiences with different levels of psychological sophistication, from attorneys to physicians, from judges to direct care treatment staff. Written reports and verbal consultations will be understandable, well organized, and relevant. Fellows will be ready to provide expert testimony in both depositions and in court with clarity and professionalism.

Fundamentals of Law: Fellows are not required to be attorneys, but they must understand the structure of the legal system and the fundamentals of legal research, including the ability to find and interpret case and statutory law. Fellows will become familiar with the landmark cases in mental health law. The development of case law

regarding the admissibility of expert testimony in federal and state jurisdictions must be understood.

Specific Practice Areas: Regardless of the fellow's eventual area of sub-specialization, certain issues are so basic to forensic psychology that all postdoctoral trainees should master them. We include the following in that category:

- the insanity defense/criminal responsibility
- competence to stand trial
- the assessment of violence risk
- the assessment and risk management of psychopathy
- the detection of malingering
- the assessment and treatment of sex offenders
- civil and criminal commitment standards, including parole commitments
- provision of expert testimony

In these basic areas, we expect mastery of the relevant case and statutory law. We expect the fellow will be ready for significant independence in the performance of forensic evaluations from the selection of procedures to the integration of data into well-stated conclusions.

Other areas of forensic practice are included in the seminars and conferences and in the elective experiences covered later.

Applied Forensic Research: Forensic fellows are required to participate in forensic research in one of our ongoing research groups. We currently have ongoing research programs in the areas of competency to stand trial, malingering assessment, forensic applications of the MMPI-2/MMPI-2-RF and PAI, and violence risk assessment. All of the aforementioned research programs have datasets from which fellows can draw empirical data for their projects. All fellows are required to contribute to the overall functioning of one of these research groups and to complete an empirical project of their own that is suitable for publication. Authorship credit is determined at the outset of each project and is based on the relative contributions of each project member.

Core Experiences

Toward the goal of achieving the core competencies listed above, the fellowship program provides a series of core experiences including didactic seminars, supervised practice, and teaching.

Seminars

- **Advanced Forensic Seminar (Instructor: Craig Lareau, J.D., Ph.D., ABPP):** This seminar meets weekly throughout the year. There are two required texts, *Psychological Evaluations for the Court: A Handbook for*

Mental Health Professionals and Lawyers, 3rd ed., by Melton et al., and *Handbook of Psychology, Volume 11, Forensic Psychology* by Goldstein. These texts are supplemented by a variety of readings for greater depth on selected topics. Particularly in the latter part of the year, after the core areas have been covered, fellows may have input into the remaining topics.

- **Landmark Case Seminar (Instructor: Craig Lareau, J.D., Ph.D., ABPP):** This intensive seminar meets once per week throughout the year and covers more than 115 of the major landmark cases in mental health law.
- **Case Conference Seminar (Instructors: Robert Brodie, Ph.D. and Allen Kilian, Ph.D.):** This seminar meets once per month throughout the year and provides an opportunity for fellows to present their own cases and also be exposed to other cases through invited faculty guests. This seminar is attended by fellows from both tracks and focuses on broad clinical issues that apply to all clinical work regardless of subspecialty.
- **Research Group:** Fellows meet with their research group supervisor weekly to assist them in developing and implementing their required empirical research project. Fellows also are expected to contribute to the overall functioning of the research group by assisting with projects such as data collection, data entry, supervision of undergraduate and graduate research assistants, IRB submission/renewal, and manuscript editing.
- **Informal Meetings with Forensic Experts:** Several forensic psychologists, attorneys and other professionals from the community meet throughout the year for our fellows, often in an informal setting. Past topic areas have included juvenile forensic assessments, child custody evaluations, the use of psychological testing in forensic cases, the role of investigations in forensic work, civil forensic practice, personal injury and tort law.

Supervised Practice: Patton State Hospital Cases

The following types of cases are considered core experiences and are mandatory for all fellows. Throughout the training year, fellows complete a minimum of 20 forensic assessments (many fellows complete more than 20 assessments). In general, the Director of Forensic Fellowship Training, Dr. Lareau, supervises the first couple of assessments in each new topic area. Fellows are then assigned several other experienced forensic supervisors for additional cases. Many of our forensic supervisors have completed forensic fellowships and/or are board certified in forensic psychology through ABPP:

- **Incompetent to Stand Trial:** Fellows will be asked to assess patients who have been found incompetent to stand trial and committed under California Penal Code (PC) Section 1370. These patients are particularly appropriate for training not only in the evaluation of trial competence, but

also in the detection of malingering.

- **Not Guilty by Reason of Insanity:** Through a relationship with the San Bernardino County Public Defender's Office, forensic fellows have access to a referral source to perform criminal responsibility (insanity) evaluations with defendants housed in the county jail awaiting trial. Fellows are expected to perform the evaluations, write the forensic reports addressing sanity issues, and possibly testify at the sanity phase of the criminal trial.
- Fellows are frequently asked to consult on patients who are committed to the hospital as Not Guilty by Reason of Insanity under California's PC 1026. Referral questions may include readiness for placement into the Conditional Release program, appropriateness for extension of commitment under PC 1026.5, or recommendations to the court regarding a "sanity writ" under PC 1026.2. Each of these questions involves a thorough assessment of the risk of violent recidivism.
- **Mentally Disordered Offenders:** Patton houses an increasing number of patients who are hospitalized here as a condition of parole, under PC 2962. These patients have a right to several procedural hearings regarding their placement, all of which require expert evaluations and potential testimony. The evaluations provide an excellent opportunity for fellows to address very specific statutory requirements in forensic reports and to provide sworn testimony at Board of Prison Terms hearings.
- **Forensic Consultations:** Other cases may be referred to the fellows by treatment staff or by administration, sometimes in "high profile" cases.
- **Violence Risk Assessment:** A salient forensic issue is determining when a patient is ready for release and what existing risk factors are present. Fellows will be asked to perform assessments for a variety of patient types (Mentally Disordered Offenders, sex offenders, NGRI acquittees) to assist in making decisions about risk and readiness for release.
- **Treatment of Forensic Patients:** The fellowship emphasizes forensic assessment, but each fellow also participates in providing some form of treatment to forensic patients. At minimum, a fellow will be expected to provide two hours of therapy per week, which may include individual and/or group therapy cases. A variety of experiences are available depending on the fellow's background and interests, including sex offender treatment and conditional release preparation groups.

Supervised Practice: Outside Referrals

The fellowship experience would not be complete without exposure to populations and forensic opportunities not available to the fellow at the hospital itself. Forensic Fellows may have the opportunity to conduct initial MDO (mentally disordered offender) evaluations, traveling to local prisons. Other cases include confidential consultations to defense attorneys and evaluations of sex offenders. Our contacts with local attorneys continue to expand and may include various forms of assessments and trial consultation. Additionally, there may be opportunities to conduct various juvenile forensic assessments and other specialized assessments.

Training and Teaching

One of the missions of the fellowship program is to raise the standard of forensic practice within the hospital by providing training to staff of various backgrounds. Because all psychologists, social workers, and psychiatrists on staff must write reports for the court, all need training beyond their clinical backgrounds in the forensic issues relevant to various commitment types. The forensic fellows will be strongly encouraged, but not required, to prepare a presentation on a forensic topic of their interest, suitable to be presented to other staff in a format such as our Clinical and Professional Issues Forum. Forensic fellows also may be invited to present various forensic topics to our interns or practicum students if interested.

ELECTIVE OPPORTUNITIES

Patton State Hospital provides an environment of rich clinical opportunities and a wide variety of qualified psychologists and psychiatrists, each with areas of interest and expertise. Elective experiences may be drawn from this variety and are arranged in consultation with the Director according to the fellow's previous experience, goals, and time demands. It should be noted that all elective experiences are subject to the requirement that the fellow be "on track" with acquiring the core competencies described above.

- **Licensing Seminar:** For many years, Patton has provided a seminar for "pre-licensed" staff members preparing for the California licensure examinations. This seminar meets weekly for 1½ hour and covers both the written national exam and the California oral exam. Fellows may participate in this seminar upon special arrangement with the Director.
- **Advanced Psychotherapy Seminar:** Dr. Dennis Wallstrom coordinates the Advanced Psychotherapy Seminar. With permission from the Director, a forensic fellow may also attend this seminar.
- **Juvenile Forensic Assessment:** Juvenile forensics is becoming a more widely developed and needed specialty sub-area, especially with the criminalization of the juvenile court system and the increased waiver of juveniles into adult courts. Fellows with appropriate child and adolescent experience and interest in this area may be permitted to conduct assessment on juveniles when available. Potential areas could include juvenile sex offenders, risk assessments, school-violence assessments, and "fit and proper" assessments (transfers to adult court).
- **Specialized Treatment Programs:** Many treatment units at the hospital offer targeted groups such as anger management, relapse prevention, and community release readiness. The hospital has a sex offender treatment program that has provided supervision for fellows to co-lead their groups.

In-service Training

One of Patton's strengths has been the quality and relevance of in-service presentations available to psychology staff and trainees, including the fellows. You will be notified of all available opportunities during the fellowship year. These always include:

- The Forensic Mental Health Conference held each September at Patton
- The Forensic Symposium Conference held each Spring at Patton
- Monthly "CPIF" meetings (often providing continuing education seminars for psychologists) arranged within the Psychology Department

Outside Conventions and Workshops

Fellowship faculty members keep the fellows apprised of conventions and workshops held in California. (Out-of-state travel is not reimbursed by the state). Where budget and time constraints allow travel or time off to attend relevant conventions and workshops, this will be allowed.

CORE REQUIREMENTS OF THE FELLOWSHIP: NEUROPSYCHOLOGY TRACK

Clinical neuropsychology is an applied science concerned with the behavioral expression of brain function and dysfunction. The fellowship program at Patton State Hospital is one of the few programs nationally that has a focus in psychiatric neuropsychology. The program emphasizes certain core competencies, while also providing a limited number of opportunities for elective experiences, which are described later. It is our ambition that our fellowship will provide the opportunity to expand upon fundamental neuropsychological assessment skills in order to achieve a high standard of work in any chosen clinical setting.

The neuropsychology postdoctoral fellowship is a two-year fellowship training program that provides the foundations for later board certification in clinical neuropsychology through ABPP. The requirements are designed to facilitate completion of the basic training requirements articulated at the Houston Conference by APA Division 40.

Core Competencies

By the end of the fellowship program, we expect our fellows to have mastered the following core competencies:

General Psychology: Fellows will build upon their earlier training to round out their competencies in all areas of general psychology that are assumed to be required for licensure in most states.

Ethical Principles: Fellows will be able to articulate and apply the APA Ethical Principles of Psychologists and Code of Conduct and Standards for Testing. They will be able to meaningfully discuss the major areas of potential ethical conflicts and liability in the practice of neuropsychological assessment.

Neuropsychological Assessments: Fellows will be able to plan and perform neuropsychological evaluations addressed to the specific referral questions and will be able to write comprehensive reports, outlining the relevant conclusions and recommendations. They will be able to clarify the reason for assessment and deliver a helpful work product, appropriate for a forensic setting. They will be competent in the administration and interpretation of standard neuropsychological tests.

Communication and Consultation: Fellows will be able to communicate clearly with all members of the treatment team and relevant outside agencies. Written reports will clearly answer the referral questions and will provide meaningful recommendations. At times fellows also provide consultation and feedback in the context of ongoing clinical care of the patients.

Fundamentals of Neurobehavioral Syndromes: Fellows are expected to have a working knowledge of various clinical syndromes, with special emphasis on those of a psychiatric nature (e.g., psychotic spectrum illnesses). Fellows will also have a working knowledge of the neurological basis of common neurobehavioral syndromes (e.g., dementias, amnesic syndromes, etc.).

Cognitive Remediation: It is expected that fellows will become proficient in the delivery of effective cognitive remediation services. This will entail providing empirically based treatment modalities as well as evaluating their effectiveness. It is our philosophy that a competent neuropsychologist not only provides assessment, but also needs to be able to deliver useful follow-up services aimed at remediating cognitive weaknesses discovered through evaluation and testing.

Specific Practice Areas: Regardless of the fellow's eventual work setting, certain areas are key to the fellowship and we expect all postdoctoral neuropsychology trainees should master them. These include the following:

- advanced assessment skills
- advanced diagnostic abilities (e.g., differential diagnosis of neurobehavioral syndromes)
- integration of neuropsychological and personality testing
- advanced treatment and interventions
- multicultural aspects of assessment and treatment
- cognitive malingering
- specialized treatment populations (e.g., TBI, geriatric, CVA, HIV, deaf, etc.)
- program evaluation and empirical studies
- hospital-wide consultation
- in-depth case studies

Additional areas of neuropsychological importance will be included in the seminars and elective experiences that are described later. We expect the fellow to be ready for significant independence in the performance of neuropsychological evaluations by the conclusion of the training program.

Approach to Neuropsychology: The program emphasizes a "Process" model, which utilizes a flexible (rather than fixed) battery based on a hypothesis-testing method. To respond to referral questions in this setting, neuropsychologists integrate both qualitative and quantitative data (cognition, personality, and behavior) to help provide effective treatment recommendations to meet forensic and clinical goals.

Core Experiences

Toward the goal of achieving the core competencies listed above, the fellowship program provides a series of core experiences including didactic seminars, supervised

practice, and teaching. A list of seminars offered throughout the program is presented below.

Seminars

- **Advanced Neuropsychology Seminar (Facilitators: Stephen Nitch, Ph.D., ABPP-CN and Dominique Kinney, Ph.D., Mark Williams, Ph.D., & William Britt, Ph.D., ABN):** This seminar meets weekly throughout the training year. Topics discussed will include neuroanatomy, neuropsychological assessment, and neurobehavioral syndromes, as well as other topics of interest. Reading assignments will be provided at the beginning of the training year (e.g., Lezak, Kolb & Wishaw, Heilman and Valenstein, Snyder & Nussbaum, etc.)
- **Neuropsychology: Research and Theory (Facilitators: Dominique Kinney, Ph.D., Stephen Nitch, Ph.D., ABPP-CN, & Mark Williams, Ph.D.):** This seminar meets weekly throughout the year. Fellows will be required to research and present an informal talk on recent advances in the field of neuropsychology.
- **Case Conference Seminar (Facilitators: Allen Kilian, Ph.D. and Robert Brodie, Ph.D.):** This seminar meets once per month throughout the year and provides an opportunity for fellows to present their own cases and also be exposed to other cases through invited faculty guests. This seminar is attended by fellows from both tracks and focuses on broad clinical issues that apply to all clinical work regardless of subspecialty.

Applied Neuropsychological Research:

Neuropsychology fellows are required to participate in Patton's neuropsychology research group under the supervision of Drs. Kinney and Nitch. Various research projects are ongoing including evaluation of the appropriateness and utility of various neuropsychological instruments in a psychiatric setting, normative studies of psychiatric patients on neuropsychological measures, cognitive malingering, and the relationship between neuropsychological functioning and competency to stand trial. Neuropsychology fellows are required to complete their own empirical investigation suitable for publication during their fellowship. Neuropsychology fellows are also expected to contribute to the overall functioning of the research group by assisting with projects such as data collection, data entry, supervision of undergraduate and graduate research assistants, IRB submission/renewal, and manuscript editing.

Supervised Practice: Patton State Hospital Cases

The following types of cases are considered core experiences and are mandatory for all

neuropsychology fellows. Fellows are expected to complete a minimum of two neuropsychological assessments per month:

- **Chronic Mental Illness:** The majority of patients at PSH have longstanding mental illness, with the majority of our patients diagnosed with a psychotic spectrum illness. Therefore, it is important that fellows learn to identify the neuropsychological correlates of these conditions.
- **Dementia & other neurodegenerative conditions:** There is a wide age range of patients at PSH, including a significant geriatric population. All types of dementia are seen, including Alzheimer's Disease, Frontotemporal Dementia, Vascular Dementia, subcortical dementias, as well as other neurodegenerative conditions (e.g., Parkinson's Disease).
- **Traumatic Brain Injury:** Although acute cases are rarely seen, a large percentage of patients have a reported history of head trauma. Many of our patients have comorbid conditions that complicate the diagnostic picture (e.g., substance abuse, chronic mental illness, learning disorders).
- **Chronic viral infection:** There is the opportunity to provide ongoing and serial assessments of patients with chronic viral infections (HIV, Hepatitis C, etc.).
- **Cognitive Malingering:** A variety of commitment types are represented at PSH, including those adjudicated to be incompetent to stand trial. In addition to other mediating factors, this creates the potential for exaggeration of cognitive deficits in patients who are assessed.
- **Other forensic issues:** At PSH, the Neuropsychology Service is often called upon to help address how the cognitive functioning of patients might impact their legal status and readiness for community release.
- **Neuropsychology consultations:** The Neuropsychology Service provides consultation to all disciplines. Fellows acting as consultants may be asked to present at treatment conferences, the rehabilitation management committee, the HIV committee, and other teams.
- **Cognitive Remediation:** While the fellowship emphasizes neuropsychological assessment, each fellow will be required to provide some form of cognitive remediation, either on an individual or group basis (e.g., the Functional Rehabilitation Education Experience, or "FREE" program).

Furthermore, in the second year of training, the neuropsychology fellow will spend considerable time (at least one day per week) in different outside placements that will

allow for training experiences in “traditional” medical neuropsychology. The majority of this time is spent at the Loma Linda University Medical Center Department of Rehabilitation under the supervision of Travis Fogel, Ph.D., ABPP-CN.

Cognitive Remediation

First year neuropsychology fellows typically work in the Functional Rehabilitation Education Experience (FREE) program, which is a standardized cognitive remediation program. First year fellows also generally are assigned to work with patients in a 12-week program that utilizes manualized cognitive remediation treatment including computer-assisted cognitive remediation. Second year fellows generally are assigned to the RISE program, which focuses on developing social cognition for cognitively limited patients. Both first year and second year fellows have opportunities to provide cognitive remediation treatment on a one-to-one basis.

Training and Supervision

One of the missions of the fellowship program is to raise the awareness of neuropsychological issues in a psychiatric setting by providing training to staff. The neuropsychology fellow will be strongly encouraged but not required to prepare a presentation on a topic of their interest suitable to be delivered to other professional staff. Fellows will be expected to participate in the supervision of interns and practicum students and first-year neuropsychology fellows teach a five-week portion of the internship assessment seminar that is dedicated to neuropsychological assessment.

ELECTIVE OPPORTUNITIES

Patton State Hospital provides an environment of rich clinical opportunities and a wide variety of qualified psychologists and psychiatrists, each with areas of interest and expertise. Elective experiences may be drawn from this variety and are arranged in consultation with the Director according to the fellow's previous experience, goals, and time demands. It should be noted that all elective experiences are subject to the requirement that the fellow be "on track" with acquiring the core competencies described above.

- **Licensing Seminar:** For many years, Patton has provided a seminar for "pre-licensed" staff members preparing for the California licensure examinations. This seminar meets weekly for 1½ hour and covers both the written national exam and the jurisprudence examination. Fellows may participate in this seminar upon special arrangement with the Director.
- **Advanced Psychotherapy Seminar:** Dennis Wallstrom, Ph.D. coordinates the Advanced Psychotherapy seminar. With permission from the Director, a neuropsychology fellow may also attend this seminar.
- **Program Evaluation:** Opportunities exist for fellows to participate in the evaluation of existing programs at PSH, such as the FREE program.
- **Hospital-wide Consultation:** A multitude of opportunities exist for working on diverse and interesting cases in conjunction with different consultation teams. For example, fellows may be asked to consult with the Positive Behavioral Support Team on a challenging case.

In-Service Training

One of Patton's strengths has been the quality and relevance of in-service presentations available to psychology staff and trainees, including the fellows. You will be notified of all available opportunities during the fellowship year. These always include:

- When the budget permits, fellows are encouraged to complete the National Academy of Neuropsychology (NAN) online course in functional neuroanatomy during the first year of fellowship training.
- A field trip is arranged to a pediatric neuropsychology private practice on during most years.
- A Forensic Mental Health Conference is held each fall at Patton.
- A Forensic Symposium is held each Spring at Patton.
- Monthly Continuing Professional Information Forums ("CPIF") are arranged within the Psychology Department.

Outside Conventions and Workshops

Fellowship faculty members keep the fellows apprised of conventions and workshops held in California (Out-of-state travel is not reimbursed by the state). Where budget and time constraints allow travel or time off to attend relevant conventions and workshops, this will be allowed.

SUPERVISION AND EVALUATION

The fellowship provides each trainee the required supervised experience to meet licensing regulations in most states. For instance, in California psychologists must acquire 1500 hours of supervised postdoctoral experience to qualify for licensure. Our trainees typically accrue about 1800 hours each year. The forensic track is a one-year full-time training experience and the neuropsychology track is a two-year full-time training experience.

In order to comply with APA, APPIC, and state standards for supervised experience, fellows are provided with at least the following core supervision hours:

- One hour per week of individual supervision with the primary supervisor
- At least one hour per week with another qualified supervisor
- At least two hours per week of group supervision with qualified supervisor(s)

Each fellow is formally evaluated at the beginning, middle, and end of each training year; supervisors are expected to review their evaluations in person with the fellow prior to submission. The evaluations of each supervisor are integrated and summarized by the Fellowship Director and discussed in person with the fellow. A written summary of the feedback is prepared and signed by the Director and the fellow. The six-month evaluation is particularly detailed and takes stock of the accomplishments in the first half of the fellowship year and the goals for the second half.

Fellows are asked to participate in the formal evaluation of the fellowship at the end of the year and are surveyed after graduation from the fellowship as part of the program's ongoing self-study process.

FELLOWSHIP SUPERVISORS AND FACULTY

Shannon Bader, Ph.D., Fellowship Faculty and Supervisor, received her Ph.D. in Clinical Psychology from the University of Nebraska-Lincoln and completed both her internship and forensic fellowship at Patton State Hospital. She worked as a staff psychologist on a long-term unit for two years before becoming the forensic evaluator and risk manager at Patton. Currently, she completes a variety of forensic assessments throughout the hospital and conducts research on institutional aggression and the management of violence. Additionally, Dr. Bader has worked part-time in the community with mentally ill parolees and sex offenders and serves as an adjunct professor at Azusa Pacific University and Cal-State Long Beach. In addition to forensic assessment and institutional violence, Dr. Bader has interests in female offenders and treatment engagement among mandated populations.

William Britt III, Ph.D., ABN, Fellowship Faculty and Supervisor, received his doctorate from Rosemead School of Psychology, Biola University. Dr. Britt provides neuropsychological assessment of patients with brain dysfunction and is part of the neuropsychology team that functions hospital-wide. He has also worked in the Department of Psychiatry, Loma Linda University School of Medicine since 1981. His interests are in neuropsychological assessment and cognitive rehabilitation. Disorders of interest include brain trauma, temporary and progressive dementias, vascular insults, seizure disorders, neurotoxin exposures, tumors, and brain abscesses/infections in children and adults. His current research includes co-investigation of a five year NIH funded study of Alzheimer's Disease at Loma Linda. Dr. Britt obtained his Diplomate from the American Board of Professional Neuropsychology in 2000 and has supervised and taught many psychology interns, fellows and psychiatric residents over the past twenty years, some of who are currently on staff at Patton.

Robert Brodie, Ph.D., Fellowship Committee Member and Supervisor, received his doctorate in clinical psychology from the University of California, Santa Barbara. He completed his predoctoral internship at Patton State Hospital, and then and then also completed a Postdoctoral Fellowship in Forensic Psychology at Patton in 2004. Presently he is a Senior Psychologist Supervisor for the Department of Psychology. His clinical and research interests include ethnic minority mental health, treatment of the severely mentally ill, and forensic risk assessment. His theoretical orientation is cognitive-behavioral, with special interests in dialectical behavior therapy and interpersonal therapy. Dr. Brodie has taught at the University of California, Santa Barbara in the Black Studies department and was adjunct faculty in the graduate psychology programs at the University of LaVerne and Loma Linda University. Dr. Brodie maintains a clinical and forensic private practice providing assessment, consultation and treatment services. He specializes in violence and sexual offender risk assessment, providing consultation to the court and attorneys, and general personality assessment.

Michael Cummings, MD, Fellowship Faculty, received his medical degree from the Loma Linda University School of Medicine in 1981 and subsequently completed postgraduate training in both psychiatry and research. He has published numerous articles and made professional presentations in psychopharmacology research and forensics. He is board-certified in psychiatry and neurology, and in the subspecialty of forensic psychiatry. He is the Psychopharmacology Consultant at Patton State Hospital and coordinates the Forensic Rotation for medical residents from Loma Linda. He currently presents in the Introductory Forensic Seminar.

David Glassmire, Ph.D., ABPP, Director of Internship and Postdoctoral Fellowship, received his Ph.D. from the Pacific Graduate School of Psychology in 2001. He completed the neuropsychology concentration at Patton's internship. Dr. Glassmire also completed Patton's fellowship in forensic psychology in 2002 with an additional emphasis in neuropsychology and is board-certified in forensic psychology through ABPP. He has been heavily involved in training interns and postdoctoral fellows for 10 years. He has interests in malingering assessment, competency assessment, and the use of multi-scale inventories such as the MMPI-2/MMPI-2-RF and PAI, and he conducts research in all of the aforementioned areas at Patton.

David Haimson, Ph.D., Chief of Psychology, Fellowship Committee Member and Supervisor, received his doctorate from Brigham Young University in 1987, after completing his internship at Napa State Hospital. After working as a psychology assistant in Northern California for two years, he came to Patton State Hospital in 1989. In his position as a unit psychologist, Dr. Haimson was and remains active in the psychology department. He has served as acting Internship Director and was Chair of the department for two years. He also taught the Assessment Seminar for many years, and continues to teach the Licensing Seminar. In the past, Dr. Haimson taught assessment courses at Loma Linda University, and also maintained a private clinical practice, working in both in-patient and outpatient settings. He continues to provide assessment consultation in his practice. Currently, Dr. Haimson is the Chief of Psychology.

Allen Kilian, Ph.D., Fellowship Committee Member and Supervisor, earned his doctorate in 2003 from Fuller Theological Seminary Graduate School of Psychology and completed his internship in the Forensic Track at Patton State Hospital. Dr. Kilian's work has emphasized assessment with a particular emphasis on the forensic questions of trial competence, malingering, and the intersection between the law and mental health. Dr. Kilian also maintains a private practice that includes serving on a court panel and conducting Competence to Stand Trial and Insanity evaluations for the courts. Also, in addition to working at Patton, Dr. Kilian serves as an adjunct professor at Loma Linda University, where he teaches classes in the area of objective personality assessment. Dr. Kilian's research interests have included assessment, neuropsychological sequelae of psychotic spectrum illnesses, and community based treatment for those with severe and chronic mental illness.

Dominique Kinney, Ph.D., Co-Director of Fellowship Neuropsychology Training, received her Ph.D. from the Pacific Graduate School of Psychology in 2002. During her graduate training, she completed an emphasis in clinical neuropsychology. She completed the neuropsychology concentration at Patton's internship and also completed the postdoctoral fellowship in neuropsychology at Patton. She has interests in neuropsychological assessment, cognitive remediation, the interface between culture and psychology, and positive psychology. She is actively involved in research at Patton in various aspects of psychiatric neuropsychology.

Craig Lareau, J.D., Ph.D., ABPP, Director of Fellowship Forensic Training, earned his J.D. with honors in 1998 from Villanova University School of Law, where he served on the *Villanova Law Review*, and his Ph.D. in 1999 from MCP Hahnemann University through the Villanova/MHP Hahnemann Joint J.D./Ph.D. Program in Law and Psychology. He is licensed as both an attorney and psychologist, and is board-certified in forensic psychology through ABPP. He completed his predoctoral internship at Patton State Hospital in 1999 and the following year completed the Postdoctoral Fellowship in Forensic Psychology. He maintains a private practice in forensic psychology and litigation consulting. He has both published and made numerous professional presentations on forensic topics to both attorneys and psychologists. Dr. Lareau is the President of the California Psychological Association.

Stephen Nitch, Ph.D., ABPP-CN, Co-Director of Fellowship Neuropsychology Training, earned his doctorate in 2002 from Loma Linda University with a minor in Neuropsychology. He subsequently completed a two-year neuropsychology fellowship at Harbor-UCLA Medical Center. He has additional training in rehabilitation psychology and completed a master's degree in psychopharmacology. He is board certified in Clinical Neuropsychology through ABPP. His clinical interests include assessment of cognitive malingering, cognitive remediation, and psychopharmacology. He is actively involved in research at Patton in various aspects of psychiatric neuropsychology.

Andrew Tamanaha, Ph.D., Fellowship Committee Member and Supervisor, obtained his Ph.D. in Clinical Psychology from the Pacific Graduate School of Psychology and completed the Clinical-Forensic Track internship at Patton State Hospital. Dr. Tamanaha is currently involved with the assessment, treatment, and hospital wide consultation of individuals who benefit from specialized sex offender treatment. He regularly supervises trainees in sex-offender treatment groups, risk assessments, and clinical assessments. He has given professional presentations on sex offender risk assessment and the treatment of sex offenders. Additionally, Dr. Tamanaha regularly attends conferences in the area of sex offender assessment and treatment and continues to obtain advanced training in the most current sex offender assessment measures and treatment protocols. Additionally, he is an adjunct faculty member at Loma Linda University, where he teaches classes on forensic assessment.

Dennis Wallstrom, Ph.D., Fellowship Committee Member and Supervisor, received his Ph.D. in clinical psychology from the Graduate School of Psychology, Fuller Theological Seminary, in 1990. He also completed the M.Div. in seminary studies from Andrews University in 1978, and was a full-time pastor until 1985. His research interests have been in the psychology of religion and the special issues of religious professionals, and he has also been interested in the integration of Christian faith and psychology. He has served for over 10 years as a forensic evaluator for San Bernardino and Riverside Counties, and is an adjunct faculty member for the Department of Psychology at Loma Linda University, where he teaches in the forensic specialty track. He also maintains an active clinical private practice.

Jette Warka, Ph.D., Fellowship Committee Member and Supervisor received her Ph.D. in Clinical Psychology in 2001 from Loma Linda University. She completed her internship at Patton State Hospital and began working as a staff psychologist at Patton State Hospital in September 2001. Dr. Warka worked as a staff psychologist on a long-term treatment unit for 5 years. In September 2006, she joined the hospital's Positive Behavior Support Consultation Service where she is currently working as the chair of one of Patton State Hospital's Positive Behavior Support Teams. Additionally, Dr. Warka also works part-time in the community with mentally ill parolees and sex offenders. Dr. Warka is originally from Denmark and she was a pre-school teacher before she came to this country. Her clinical and research interests include development of personality, factors contributing to vulnerability for psychopathology, and factors contributing to resilience. Dr. Warka is a supervisor in Patton State Hospital's Internship Program and Fellowship Program and she facilitates a weekly psychotherapy seminar for psychology interns. Dr. Warka completed a one-year certificate program in psychoanalytic psychotherapy from the Psychoanalytic Center of California in 2006.

Sarah White, Ph.D., Fellowship Committee Member and Supervisor obtained her Ph.D. in Clinical Psychology in 2009 from Florida State University. She completed a pre-doctoral internship at Napa State Hospital and the postdoctoral fellowship in Forensic Psychology at DSH - Patton. Subsequently, she was hired as a staff psychologist at DSH - Patton and currently works on a unit providing assessment and treatment to individuals committed to the hospital as incompetent to stand trial. Her primary interests include forensic assessment particularly in the areas of trial competence and malingering as well as the assessment and treatment of the severely mentally ill. In addition to working at Patton, Dr. White currently serves as the Psychological Testing Supervisor for practicum students, pre-doctoral interns, and post-doctoral fellows at a private mental health facility in San Diego, California. Dr. White is also an active member of the San Diego Psychological Association's Forensic Committee, and regularly attends conferences in the areas of forensic assessment and general psychological assessment in an effort to obtain advanced training in the most current assessment instruments.

Julie Yang, Psy.D., Fellowship Committee Member and Supervisor received her doctorate degree in Clinical Psychology, with an emphasis in Health Psychology from Alliant International University, Fresno. She completed her clinical internship at Patton State Hospital and went onto complete advance training in forensics through the post-doctoral fellowship at Patton. Presently, Dr. Yang is holding a position as a staff psychologist at Patton and is also an adjunct professor at Loma Linda University. Dr. Yang formerly held a position as a forensic clinician treating and evaluating high risk sex offender parolees in the community. Additionally, she has experience with evaluating juvenile offenders, including juvenile sex offenders, for dispositional hearings. At present, her clinical and forensic work encompasses the treatment and assessment of adults with severe mental disorders of various legal commitment types, court testimony, and supervision of trainees among other related duties. She also provides sex offender treatment at Patton.

Albert G. Yee, Psy.D., Fellowship Committee Member and Supervisor, received his doctorate from George Fox University in 2004. He completed his internship at the Salt Lake VA Medical Center, followed by a two-year fellowship in Neuropsychology and Rehabilitation Psychology at the University of Missouri-Columbia. His clinical and research interests include neuropsychological and functional outcomes among neurologically impaired populations.