

CONTRABAND

State Wide and Hospital Specific Combined Contraband List

A. "Contraband" means materials, articles, or goods that patients are prohibited from having in their possession because such materials, articles or goods present a risk to safety and security in the facility. (Welf. & Inst. Code, § 7295, subd. (i); Cal. Code Regs., tit. 9, § 881, subd. (e).)

B. Items restricted to use only under supervision or control may be considered contraband for the purposes of this list, as they should not be in patient's possession without supervision. All items that are illegal to possess (by Federal and State Law) are considered to be contraband by default, whether specifically contained in this list or not. This includes any items prohibited as a condition of parole as it applies to any patient on active parole while housed in a DSH facility.

C. All items received or purchased must come from a vendor. Refurbished items are prohibited.

*All patient property is limited to each patient's personal storage space.

** Must fit in a personal 1' x 1' x 1' locker.

Bold/Underline= changes/additions made to the list

- ❖ - Statewide Contraband List
- ◆ - Hospital Specific Contraband List

CONTRABAND

1. Any policy, manual, directive or other facility or DSH document deemed to be "Patient Restricted".
❖
2. Any item that is being used in an improper manner and/or altered in such a manner as to present a danger to the safety of any patient, staff member, or visitor. ❖
3. Alcohol (Any liquid containing alcohol and/or intoxicants, except those items used under direct staff supervision. ◆
4. Alcoholic beverages. ❖
5. All illegal drugs, including but not limited to: narcotics, marijuana, hallucinogenic and non-prescribed medications. ❖
6. All smoking and tobacco products, as provided for Welfare and Institutions Code section 4138, including electric cigarettes commonly referred to as – e-cigarettes, electronic vaping device, personal vaporizer (PV), or electronic nicotine delivery systems (ENDS). ❖
7. Aluminum foil. ◆

8. Balloons.❖
9. Blank State of California or other hospital related letterhead or stationary. ❖
10. Belts, **Belt buckles and Suspenders.**◆
11. Cameras.❖
12. **Cayenne Pepper (also known as the Guinea spice, cow- horn pepper, red hot chili pepper, aleva, bird pepper, red pepper). (Any form; liquid, powder, aerosol).**◆
13. **Fruit (fresh or dried).**◆
14. Chemical dispensing control devices, such as mace, pepper spray, or tear-gas.❖
15. Cleaning chemicals, including but not limited to Ammonia, in pure form or any other chemicals not approved by Health and Safety Committee. ❖
16. Combs and hairbrushes exceeding 10 inches in overall length. ❖
17. **Nail Art Stickers (including but not limited to items that are a foil based product).**
18. Combustibles, inflammable liquids or explosives and explosive making materials. ❖
19. Correcting fluid, tape (White-out of any type). ❖
20. Corrugated Cardboard - (All cardboard that has been altered from its original use).◆
21. Detachable external speakers with cords. ❖
22. Drugs, medicated products or dietary supplements not provided, or specifically approved by the hospital. Drugs or medications prescribed but not consumed at time of issue, unless specifically approved. (May be approved in special circumstances by each facility).❖
23. Electronics with wireless capabilities, including but not limited to cell phones, PDAs, tablets and videogame systems with Internet capabilities (**e.g., Bluetooth, WIFI, USB ports**) to comply with California Code of Regulations, title 9 section 4350. Electronics with external audio or video recording capability, including recordable greeting **cards.** ❖
24. Escape devices such as lock picks, devices made capable of opening handcuff/restraint and or any metal fashioned into a lock picking Escape devices such as lock picks. ❖
25. Fingernail files, metal over 1.5 inches in length with pointed tip.❖
26. Gang related or gang identifying items, as identified by the Administration of the facility.❖
27. Glass, including but not limited to glass mirrors, containers and glass fragments including ceramics, except those items used under direct staff supervision.❖
28. Gum.◆
29. Headphones with metal in headband.❖
30. Herbal teas not purchased from canteen or exchange.❖
31. Hypodermic needles.◆
32. Identification items or financial payment methods: driver's licenses, birth certificate, bonds, Social Security cards, credit cards, bank books, or any form of identification not provided by the hospital. Exception for those allowed as part of a treatment plan.❖
33. Incendiary devices, including but not limited to, matches and lighters.❖
34. Items containing metal bindings, including but not limited to books and binders.❖
35. Jewelry - (No pins, chains or necklaces. No metal parts with sharp edges. **Except the following items; Bracelets-No metal bracelets allowed. Only bracelets made of the following: single strand**

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- chain, nylon or plastic. Watches- Limit of two (2).** Earrings to be no larger than a dime (11/16" or 17mm) in diameter).◆
36. Keys, except locker keys issued to DSH-Metro patients.❖
 37. LCD, battery operated appliances, including recording or electronic or mechanical transmitting devices.❖
 38. Luggage, purses or bags with detachable straps.❖
 39. Maps of local and surrounding counties, any source literature, including local maps or electronic devices capable of displaying maps.❖
 40. Material giving instruction on escape, bomb making, bugging, surveillance, surreptitious entry, acts of violence, or any illegal activity.❖
 41. Materials used in tattooing, including but not limited to fountain pens (bulb type).❖
 42. Metal Fingernail File.◆
 43. Miscellaneous Games and Sports Equipment - (Games containing metal) Items including but not limited to Baseball bat, baseball glove, dumbbells, jump ropes, tennis racket, golf clubs. Except items when supplied by DSH can only be used under the direct supervision of treatment staff.◆
 44. MP3 Players or other devices with voice recording capability, including musical or recordable greeting cards.❖
 45. Non State issued clothing pursuant to California Code of Regulations, title 9, section 890. Exception - personal items such as; shoes, caps, beanies, gloves, scarves, or undergarments that do not meet other contraband criteria.❖
 46. **Oil (including but not limited to Baby oil and Coconut oil).**◆
 47. Paper Money **and Coins.**
 48. Pens and Pencils - (Hard plastic (non- flexible) pens and pencils exceeding 3 ½ inches). Except state issued patient pen and pencil.◆
 49. Personal information of any nature (including, but not limited to home address, telephone numbers, and photographs) of any District Attorney, victim, Law Enforcement employee involved in any patients case, any staff member, volunteer, or contract employee of the Department of State Hospitals.❖
 50. Personal property held in quantities exceeding institutional set space limitations.❖
 51. Pictures of the patient alone, or of another patient alone, except for pictures on the patient's hospital identification card. Exception for photographs of the patient as a child or adolescent.❖
 52. Plastic wrap.❖
 53. Pornographic Material - (Any material that depicts a rape, penetration, sadomasochistic act, child erotica, or crime of violence).◆
 54. Portrayals of nudity of a minor, or person who appears to be under 18 years old and/or portrayals of sexual conduct where any of the participants is a minor, or appears to be under 18 years old, as determined by Administrative review.❖
 55. **Purses and Bags with straps and Fanny Packs (No items with a strap will be permitted. Only items with a hand grip/cutout).**◆

56. Pressurized air, including but not limited to air horns, air compressors, blow horns, pressurized dispensers and sirens. ❖
57. Radios or scanning/monitoring devices capable of receiving or interfering with law enforcement/fire emergency broadcasts, shortwave or CB radios of any type, satellite radios. ❖
58. Rope, twine, cord, wire and/or jeweler's wire. ❖
59. Sandpaper and emery cloth. ❖
60. SD CARD (any external memory device except for "Kingston" flash drive – see Data Storage Devices). ◆
61. Scarves or any neckwear. ◆
62. Shoe polish or dye. ❖
63. Shoelaces. ❖
64. Shoes with steel shanks, hollow heels or magnetic components. ❖
65. Solvents, including but not limited to paints, lacquers, shellac, and acetone, including acetone based nail polish remover. ❖
66. State issued clothing that has been altered or any clothing displayed in a manner commonly associated with gangs. ❖
67. **Stuffed animals and pillows (except pillows provided by DSH).** ◆
68. Styrofoam modified from original form. ❖
69. Sunglasses that are reflective or too dark to assess the patient's eyes; sunglasses with exposed metals (not encased in plastic). ❖
70. Tape, including but not limited to strapping tape or other tapes containing fiberglass or reinforcing fibers. ❖
71. Telephone directories; local community and facility. ❖
72. Thermal cups, except those sold or issued by a facility. ❖
73. Tools or metal utensils not being used under staff supervision. ❖
74. Umbrellas. ❖
75. Weapons that can inflict bodily harm, including but not limited to swords, spears, daggers, razor blades, mechanically projected missiles, guns, bullets, ammunition; explosives, scissors, letter openers, drawing compasses, saw blades, metal nail files over 1.5 inches in length, etc. Metal items which could be fashioned into weapons, including but not limited to metal clothes hangers. ❖

CONTROLLED ITEMS (To be checked out by patient and returned prior to bed time each day)

1. Dental floss - State issue only. ◆
2. Detachable cords and adapters. ◆

3. Sports Equipment - (Items including but not limited to Basketball, Volleyball, Frisbee, Handball, Hacky Sac, Tennis ball, Football Yoga Mat). **Yoga mat-item to be supervised off unit/while on grounds. Limit of one (1) of their own and may be stored in patient locker.** ◆

SUPERVISED ITEMS (Items when supplied by DSH can only be used under the direct supervision of treatment staff)

1. Art/Craft Supplies - Supplies including but not limited to glue, cardstock, tracing paper, carbon paper, paint, clay etc. (Items ordered under Art Supplies in vendor catalog). ◆
2. Baby powder/ Talcum powder - Limit of one (1) each. ◆
3. Curling Iron, Hair dryer, Rollers - Limit of one (1) each/set of rollers. ◆
4. Electric Razor. ◆
5. Musical Instruments - Prior to the patient ordering and or receiving the item as personal property, the treatment team shall assess the patient's ability to access the item as a supervised item. If item is denied the **Treatment** Team will document the reason for the denial on the PSH 7130. ◆
6. Nail Polish and Polish Remover (Non-acetone only). ◆
7. Plastic utensils (except spork) - State issue only. ◆
8. **Sports Equipment- Workout gloves/leather gloves.**

In addition to the contraband items listed above patients are also prohibited from possessing any non-contraband items or objects that have been altered, stolen, bartered or traded or that exceed allowable maximums (quantities are based and set, reducing the likelihood of items being used as currency or presenting a health, fire, or safety hazard).

ITEMS WITH LIMITS

1. Alarm clock -Limit of One (1). Battery operated only. ◆
2. Batteries – Limit is only the required number of batteries needed for the appliance will be allowed in the patient's possession. One extra set may be kept in the nursing station. No lose batteries. ◆
3. Beanies - State issue only. Limit of Two (2). ◆
4. **Clothing- Shirts (10 total). Including tee shirt, tank top, long sleeve tee shirt, thermal shirts and sweatshirts- tan/khaki color only. State issued clothing- a limit of seven (7) sets each. A set includes (1) tee shirt, (1) button up shirt, (1) pair of pants and /or (1) pair of shorts. Industrial Therapy (IT) workers may have ten (10) set. Jackets- Limit of two (2) each.** ◆
5. **Coffee- Decaf only. Limit of three (3) pounds.** ◆
6. Combs and hairbrushes - Limit of One (1) each. No more than 10 inches in length. ◆
7. Cup or Tumbler, soft plastic - Nothing with a false bottom – No insulated cups. Limit of Two (2). ◆
8. Data Storage Devices (Memory stick/Flash drive/Thumb drive) -"Kingston" flash drives are the only flash drives which will work on the unit computers that are available for the patients. These items are subject to random inspections for contraband materials. Limit of Three (3). ◆
9. DVD/CD - Must be properly label with patient's name DSH- Patton number. Limit of Thirty (30). ◆
10. Emery board - Limit of Two (2) each. ◆

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11. Eyeglasses/Sunglasses - Limit of One (1) pair each. ◆
12. Food ** - Food must be in a non-contraband container and refrigeration after opening only with items purchased from canteen. ◆
13. Hair Accessories - (Ponytail holders/plastic barrettes) Limit- Ponytail -Two (2) total with a maximum diameter of two (2) inches. Plastic barrettes – no more than two (2) inches long. No plastic alligator clips. No metal components. No more than two (2) Ponytail holders in your possession at a time. Staff will store a total of twelve (12). ◆
14. Hats - No offensive logos, No gang logos, No wire parts, No head wraps, No do rags, No bandanas, nothing knitted/crouched. Limit of Two (2) each. ◆
15. Headphones/ Ear buds - Limit to One (1) pair each. ◆
16. Hygiene products (Grooming aids). **Non-aerosol products, plastic container only * - Limit of Three (3) of each type of product.** ◆
17. LED book light - (For reading at night in bed). Limit of One (1). ◆
18. MP3 Players – No voice recording, remote Internet, Bluetooth or camera capability. Limit of One (1). ◆
19. **Oil (Essential scented oil) - plastic bottle only, no larger than 0.5 ounces each. Must be from a vendor. Limit of two (2).** ◆
20. **Pajamas and Robes – State issue only. Limit of two (2) sets of pajamas and one (1) robe.** ◆
21. Publications - (Includes Newspaper, Magazines, Catalogs and Religious publications) - Must be from a vendor. Limit of Twenty (20). ◆
22. Rings - Requires a Liability Waiver when valued at \$100 or more. Limit of Two (2). ◆
23. Shoes/Footwear (No shoes with shoelaces) - * Limit of Four (4) pairs of shoes including tennis shoes. ◆
24. Spray (hair) - (Non-aerosol products, plastic container only.) Limit of Three (3). ◆
25. Stamps - To be purchased through canteen or vendor only. Limit of Twenty (20). ◆
26. Television and LCD DVD player (No Wi-Fi, Bluetooth, USB ports or Internet capabilities)* - Limit of One (1) each. ◆
27. Toothbrush, toothpaste - To supplied by DSH or purchased through vendor only. Limit of Two (2) of each item. **Must exchange one to receive one.** ◆
28. Undergarments (Bras, underwear/underpants and sock colors will NOT be restricted.) - Limits - Bras (10), underwear/underpants (10), **socks no longer than crew length** (10 pairs).
29. Video game systems – No Wi-Fi, Bluetooth or Internet capabilities. * Limit of One (1). ◆
30. Walkman/Discman/DVD type radio/player -Limit of One (1) of each. ◆

Supervised Items – Items which will only be used under the direct supervisions of treatment staff.

Controlled Items – Items are to be checked out by the patient daily and returned prior to the end of shift.

Items with limits- Items are on an exchange system. One item must be exchanged/turned in to receive a new one.

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Liability Waiver for all items valued at \$100.00 or more. For items which are valued at \$100.00 or more the patient shall sign a "Lost/Damaged Personal Property Liability Waiver" form (PSH 7355) prior to possession of the item.

For all items requiring the unit Supervisor/ Treatment Team approval the Unit Supervisor will review and approve the purchase through the Withdrawal of Client Funds (MH 5216) process.