

BEST PRACTICE CATALOG

Project Title: **CELL ENTRY/EXTRACTION PROCEDURE**

Function Category: PATIENT-FOCUSED ORGANIZATION STRUCTURES

Subcategory: **Care of Patients**

Heading: **Behavior Management**

Key Word(s): **Emergency Procedure**

Contact Person: **Zenaida S. Tan, Nursing Coordinator** Telephone Number: **(707) 449-6588**

Hospital: **Vacaville Psychiatric Program**

Purpose: The cell entry/extraction procedure provides a safe, systematic and organized means of physically removing an inmate-patient from his cell, when he poses a danger to himself or others and is unable or unwilling to leave the cell voluntarily.

Brief Description: In the Acute Program, inmate-patients are confined to single cells when not participating in treatment activities. At times, an inmate-patient may be engaged in self-injurious behavior or may be exhibiting other behavior that necessitates bringing him out of the cell for assessment and treatment. After all verbal interventions or attempts to gain the inmate-patient's cooperation have been exhausted and he continues to refuse to exit the cell, a senior medical technical assistant assembles a team of seven (7) trained medical technical assistants. The team, dressed in standard precaution suits, helmets, and other body armor, and using a protective shield, enters the cell. Using the minimum force necessary to gain physical control of the inmate-patient, the team removes the inmate-patient from the cell and provides the appropriate assessment and treatment, as prescribed by a physician.

Selection Basis/Criteria: Traditional Management of Assaultive Behavior techniques were found to be ineffective within the confined cell area. In the Department of Corrections, the cell entry/extraction procedure is performed only by correctional officers; however, utilizing officers to provide emergency intervention on a psychiatric unit had a negative impact on patient care. By adapting the CDC model and utilizing medical technical assistants to perform the cell entry procedure, the Vacaville Psychiatric Program designed an emergency treatment intervention that is fast, effective, and reduces the risk of injuries to staff and inmate-patients.

The following items are available regarding this Best Practice:

Photographs Video Tape Drawings Manual (lesson plan)

Other : _____

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