

BEST PRACTICE CATALOG

Project Title: **MOBILITY ENHANCEMENT TEAM (MET)**

Function Category: PATIENT-FOCUSED ORGANIZATION STRUCTURES

Subcategory: **Care of Patients**

Heading: **Planning**

Key Word(s): **Planning/Programming**

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Hospital: **Napa State Hospital**

Purpose: Increase mobility and range of motion. Decrease and prevent development of pressure sores in clients with reduced mobility or bedfast clients on skilled nursing and medical/surgical units.

Brief Description: Nursing staff were selected and trained in procedures of physical therapy range of motion, ambulation, transfer of clients from bed to wheelchairs and to ambulate. Use of assistive devices, proper positioning, and range of motion, use of safety devices, basic anatomy, and documentation. Clients residing on skilled nursing and medical/surgical units are selected based upon limited mobility and risk for development of pressure sores. All clients referred based upon an assessment by the treatment team and as a result of formal physician referral.

Selection Basis/Criteria: Program 4 has selected the Mobility Enhancement Team for inclusion in the Best Practices Program based upon the fact that the initial development was in response to a licensing survey citation and resulted as a collaborative effort between Program 4 and Central Nursing Services. The original team was composed of staff from both CNS and Program 4. As a result of the establishment of the team the licensing citation was lifted and the MET team is now being offered program-wide to all clients requiring their services and potentially will be available to clients in other programs with problems related to mobility/range of motion.

The following items are available regarding this Best Practice:

Photographs Video Tape Drawings Manual (excerpts)

Other _____

DATE SUBMITTED: **October 19, 1998**