

Enhanced Treatment Program

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What is the Enhanced Treatment Program?

The Enhanced Treatment Program (ETP) is a 4-year pilot within the California Department of State Hospitals (DSH). The ETP is designed to provide enhanced treatment in a secure setting for patients at the highest risk of most dangerous behavior. The ETP is intended to provide increased therapy opportunities within a structured, least restrictive environment.

The ETP is to be utilized when safe treatment is not possible in a standard treatment environment. The pilot is driven by Assembly Bill 1340.

Two sites, one program.

The ETP pilot will be physically located at DSH-Atascadero (DSH-A) and DSH-Patton (DSH-P).

DSH-A will have three, 13-bed units housing male patients. The first of the units at DSH-A is expected to activate in mid-2019. The other two units will follow the first.

DSH-P will have one, 10-bed unit for female patients. The unit at DSH-P is expected to activate in mid-2020.

Enhanced staffing.

The ETP model allows for enhanced staffing which includes a complement of Clinical, Nursing and Hospital Police Officer (HPO) staff. Classifications utilized will include **Staff Psychiatrist, Clinical Psychologist, Clinical Social Worker, Rehabilitation Therapist, Registered Nurse, and Psychiatric Technician.**

Please note - staff are hired to DSH-A or DSH-P, and both new and current staff may have the opportunity to work on an ETP unit.

Nursing staff-to-patient ratio will be 1:1.5 for AM/PM shifts and 1:3 for NOC shift. Additionally, the ETP units will have HPO staff assigned for each shift. HPO staffing may vary between sites and shifts.

Some of the tools available to those on the ETP:

- Structured, evidence-based unit milieu modalities and interventions, including Positive Psychology and Trauma Informed Care.
- Enhanced staffing and training
- In-depth Violence Risk Assessments for patients
- Consistent practice of maintaining a structured environment
- Clinical ability to assign Milieu Status (Unlocked Door, Locked Door, Locked Suite)
- Evidence based, aggression reduction focused treatment.



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