## 22<sup>nd</sup> Annual

### Department of State Hospitals-Patton Forensic Mental Health Conference

"Trending Topics in Forensic Mental Health"

February 25<sup>th</sup> & 26<sup>th</sup>, 2015

Caring Today for a Safe and Healthy Tomorrow

DSH-Patton 3102 EAST HIGHLAND AVENUE PATTON, CALIFORNIA 92369 (909) 425 - 7000

### "Trending Topics in Forensic

### **Mental Health**"

The 22<sup>nd</sup> Annual Patton State Hospital Forensic Mental Health Conference is presented without cost to participants in an effort to bring together individuals who share an interest in forensic mental health issues. We have made every effort to provide presentations of interest to participating friends, families and professional colleagues.

I invite you to join us on February 25 and 26, 2015 for another outstanding educational experience. Preregistration for the conference is not required. Participation in concurrent presentations during the conference will be on a first-come, first-served basis. Presentations will be closed when attendance reaches fire capacity of the assigned room.

Harry Oreol

**E**xecutive Director

# 2015 Conference Planning Committee Candice Malone, TO I Conference Coordinator

Eliseo Reyes, SRN
Mimi Romero, TC
Eileen Delgado, OT
Daniel Melchor, SSA
Perosha Minwalla, Events Coordinator
Veronica Kaufman, LCSW, Chief of SW
Stan Hydinger, Supervising Rehab Therapist
Julie De Palma, Standards Compliance Director
Angela Stoner, Librarian
Wadsworth Murad, Chief of Professional Education
David Haimson, Chief of Psychology
Ginny Giabialante, PD

### 22<sup>nd</sup> Annual

### Department of State Hospitals-Patton Forensic Mental Health Conference

### "Trending Topics in Forensic Mental Health"

### Wednesday, February 25, 2015

CEUs and CMEs will be offered at this event. Select courses meet the qualifications for continuing educational credits for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. Specifics to follow.

| 8:00-8:30<br>8:30-8:45 | Registration Welcome and Orientation                 |                              |
|------------------------|------------------------------------------------------|------------------------------|
| 8:45-10:15             | KEYNOTE ADDRESS:                                     | Auditorium                   |
| Presentation:          | Clozapine: Effects on Violence and Criminal Behavior |                              |
| Presenter:             | Michael A. Cummings, M.D. DSH-Patton                 | 1.5 CEU/1.5 S.W. CEU/1.5 CME |

Summary: This presentation will review core information regarding the unique psychotropic, clozapine, and will focus on recent data regarding clozapine's efficacy in treating violent behavior driven by psychosis, impulsivity, and predation.

10:15-10:30 BREAK

#### **CONCURRENT PESENTATIONS**

### WEDNESDAY, FEBRUARY 25, 2015

10:30-12:00 Auditorium

Presentation: North Of Normal: A Documentary About Love, Passion, and Peak Experience

Presenter: Angela Mouton, MS, Monica Montijo MA

LiveinFlow Consulting 1.5 CEU/1.5 S.W. CEU

Summary: Two Positive Psychology Ph.D. students travelled to 6 continents and interviewed 150 people in 22 countries to learn about the best moments of people's lives. The documentary, North of Normal, introduces you to people from all walks of life and reveals themes about love, passion, and peak experience that transcend cultural differences.

10:30-12:00

Staff Development Center-Room 10A (35)

Presentation: Ethical Assessment of Licensed Mental Health Professional's Juvenile Fire Setters and

Bomb Makers. Competence: A Forensic Psychology and Public Safety Paradigm

Presenters: Ronn Johnson, Ph.D., Nick Boyd, MA, Chris Wehrle, MA

University of San Diego

1.5 CEU/1.5 S.W. CEU/1.5 CME/1.5 Psychology CEU

Summary: Ethical Assessment of licensed mental health professional's juvenile fire setters and bomb makers Competencies: Forensic Psychology and Public Safety Paradigm Juvenile fire setters and bomb makers (JFSB) pose an increasing public safety threat. The goal of this presentation is to highlight the ethical obligations of forensic mental health professionals who work with JFSBs. Implications for research; training and practice with JFSBs are also examined.

10:30-12:00 Staff Development Center-Room 15 (35)

Presentation: Dementia

Presenter: Behnam L. Behnam M.D. 1.5 CEU/1.5 S.W. CEU/1.5 CME/1.5 Psychology CEU

Summary: A syndrome characterized by multiple impairment in cognitive function and memory without impairment in consciousness. 5% of people greater than 65 yrs. old & 20% of people greater than 85 yrs. old will have severe dementia. 1/10 of all dementia is treatable or reversible.

10:30-12:00 Staff Development Center-Room 20 (60)

Presentation: Art in Action: Mindfulness and Art Therapy: Creating a Rangoli for Stress Reduction.

Presenter: Kate Madigan, RT, Jiyun Nam, MA, ATR, Susan M. Merletti, MPS-AT, LPCC

DSH-Patton 1.5 CEU/1.5 S.W. CEU

Summary: Three art therapists will lead a discussion on mindfulness, art's healing potential, and guide participants into the creation of a rangoli, a popular traditional Indian art form.

10:30-12:00 Fitness Center Conference Room (70)

Presentation: Understanding the Cycle of Violence & the Batterer's Mindset.

Presenter: Kathie Mathis, Psy.D 1.5 CEU/1.5 S.W. CEU/1.5 CME/1.5 Psychology CEU

California Cognitive Behavioral Institute

Summary: The presentation will inform participants as to the Cycle of Violence and background mindset of the batterer that leads to abuse. It will explain the attitude, behavior and beliefs that lead to soul trauma in victims. It will be useful in interventions/prevention work with both victim and abusers

12:00-1:00 LUNCH

#### **Concurrent Presentations**

1:15-2:45 Auditorium

Presentation: DBT in a Forensic Hospital: The Road to Implementation

Presenter: Susan Velasquez, Ph.D., DSH-COAC, Sheri Curtis, Ph.D., DSH-Patton, Christy Fiber, Psy.D., DSH-

Vacaville, Javier Saldivar, Ph.D., DSH-Coalinga, Sheri Bellefeuille, Psy.D., DSH-Metropolitan, Debra

Hewitt, Ph.D., DSH-Atascadero, Teresa George, Ph.D., DSH-Atascadero

1.5 CEU/1.5 S.W. CEU/1.5 CME/1.5 Psychology CEU

Summary: Dialectical Behavior Therapy has been established as an empirically validated treatment for Borderline Personality Disorder and self-injurious behavior. More recent data suggests that it also offers effective treatment for a variety of other problem behavior such as eating disorders, substance abuse and interpersonal violence Members of the State-Wide Implementation work group will present steps taken to implement DBT at DSH-Metropolitan, DSH-Napa and DSH-Vacaville including lessons learned and outcome data.

1:15-2:45 Staff Development Center-Room 10A (35)

Presentation: Forensic Psychiatric Mental Health Nursing: Bridging the Gap.

Presenter: Liberty Olive Macias, RN-BC, Greeta Dason RN, BSN

DSH-Patton 1.5 CEU/1.5 S.W. CEU

Summary: Forensic Nursing is a specialty gaining national and international recognition. In the California Department of State Hospitals, forensic nursing role is essential and must not be limited to correctional nursing practice. This presentation will allow participants to explore the different roles of forensic nurses and provide recommendations on utilization of the discipline in various capacities within the criminal justice system.

Presentation: Cultural Factors Impacting Mental Health Services

Presenter: Chandler D. Norton MA MFTI, Haydeh Fakhrabadi Psy.D., Sonia Diaz LCSW

Los Angeles County-DMH

1.5 CEU/1.5 S.W. CEU/1.5 Psychology CEU

Summary: It is imperative to consider cultural factors impacting individuals; when providing quality health/mental health care and services. It is the clinician's responsibility to be culturally competent. This workshop will help clinicians to address issues related to culturally competent practice and provide helpful information in working with the older adult population.

1:15-2:45

**Staff Development Center-Room 20 (60)** 

Presentation: Evolution of Involuntary Medication in California Forensic Hospitals

Presenters: Freda Lin, DSH Supervising Attorney III

DSH

1.5 CEU/1.5 S.W. CEU/1.5 CME

Summary: The evolution of involuntary medication in our state forensic hospitals is an ongoing process. The involuntary medication process has become an integration of the legal and clinical concerns which focus on what is in the best interests of the individual and his or her liberty interests colliding with the best interests of society at large.

1:15-2:45

Fitness Center Conference Room (25) (Limited Capacity)

Presentation: Ceramic Art Therapy: Facilitating Collaboration as Rehabilitation Therapy

Presenter: Serena Duckrow, RT

DSH-Patton

1.5 CEU/1.5 S.W. CEU

Summary: Ceramic art therapy is one form of art therapy currently provided to the patients in treatment at DSH-Patton. Participation in this presentation/workshop will illuminate benefits and limitations for these techniques within a forensic psychiatric hospital. Participation in the art activity (working with clay) is a requirement to attend and gain CEUs.

2:45-3:00

**BREAK** 

**Concurrent Presentations** 

3:00 – 4:30 Auditorium

Presentation: Cognition & Schizophrenia Spectrum Disorders within a Forensic Setting

Presenter: Dominique Kinney Ph.D., Steven Nitch Ph.D., ABPP

DSH-Patton 1.5 CEU/1.5 S.W. CEU/1.5 CME/1.5 Psychology CEU

Summary: This lecture will review the research related to cognitive impairment and schizophrenia spectrum disorders. Research on the level of cognitive impairment present among patients admitted to forensic psychiatric hospitals will be emphasized. Additionally, the relationship between cognition and forensic issues will be discussed.

3:00 - 4:30

Staff Development Center-Room 20 (60)

Presentation: The Self Induced Fluid Intoxication Program

Presenter: Steven Berman, Ph.D.

**DSH-Patton** 

1.5 CEU/1.5 S.W. CEU/1.5 CME/1.5 Psychology CEU

Summary: The SIFI2 program utilizes four behavior change agents and a consulting psychologist to provide comprehensive psychosocial treatment for patients triggering for polydipsia-hyponatremia on the west compound of Patton State Hospital. Case examples, treatment approaches, assessment tools, and a wide spectrum of interventions (e.g., cognitive behavioral, psychodrama, paradoxical) are presented, along with recommendations about expanding the program to the other side of the hospital.

3:00 - 4:30

Fitness Center Conference Room (25) (Limited Capacity)

Presentation: Ceramic Art Therapy: Facilitating Collaboration as Rehabilitation Therapy

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### 22<sup>nd</sup> Annual

### Department of State Hospitals-Patton Forensic Mental Health Conference

### "Trending Topics in Forensic Mental Health"

### Thursday, February 26, 2015

CEUs and CMEs will be offered at this event. Select courses meet the qualifications for continuing educational credits for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. Specifics to follow.

| 8:00-8:30<br>8:30-8:45 | Registration Welcome and Orientation                          |                                                 |
|------------------------|---------------------------------------------------------------|-------------------------------------------------|
| 8:45-10:15             | KEYNOTE ADDRESS:                                              | Auditorium                                      |
| Presentation:          | Employee Injuries at DSH-Patton. Who gets hurt and how often? |                                                 |
| Presenter:             | Shannon Bader, Ph.D.<br>DSH-Patton                            | 1.5 CEU/1.5 S.W. CEU/1.5 CME/1.5 Psychology CEU |

Summary: This presentation introduces the recent State-Wide Employee Injury Project and presents information on the number and type of injuries that employees at DSH-P have sustained over a ten year period. Although focus will be on injuries from patient assaults, other types of injuries are also discussed.

10:15-10:30 Break

#### **Concurrent Presentations**

#### Thursday, February 26, 2015

10:30-12:00 Auditorium

Presentation: Trial Competency

Presenters: Mendel Feldsher, M.D.

DSH-Patton 1.5 CEU/1.5 S.W. CEU/1.5 CME/1.5 Psychology CEU

Summary: Why do we frequently disagree regarding a defendant's trial competence? It is common for mental health evaluators who assess trial competency to disagree with each other regarding the threshold for considering defendant trial competent. A detailed examination of an actual case where multiple evaluators disagreed with each other can help illuminate some of the reasons for these disagreements.

1.5 CEU/1.5 S.W. CEU/1.5 CME

10:30-12:00

Presentation: Frontotemporal Dementia and Criminal Behavior

Presenter: Adonis Sfera, M.D., Carolina Osorio, M.D.

DSH-Patton

Summary: Criminal behavior in older adults, including theft, traffic violations or sexual advances may be signs of frontotemporal dementia, a neurodegenerative disease that affects brain areas responsible for moral behavior. Many times this condition is misdiagnosed by mental health providers as antisocial personality disorder, schizophrenia or bipolar disorder.

10:30-12:00 Staff Development Center-Room 15 (35)

Presentation: Midlife Crisis Intervention and Prevention

Presenter: Paul Wu, Ph.D., LCSW, ACSW

DSH-Patton 1.5 CEU/1.5 S.W. CEU/1.5 CME

Summary: Crises are opportunities for change, and for transitions. With a theoretical framework of Midlife Crisis and Transition, strategies can be developed for Employee Assistance, not only for Crisis Intervention but also for Primary Prevention. Some real cases with problems of physical, psychological, social and spiritual focuses will be presented.

10:30-12:00

Staff Development Center-Room 20 (60)

Presentation: Best Practices in Discharge Planning: A Look at Discharge Planning at DSH-Patton

Presenters: Katherine De Costa, LCSW, Ninha Simms, LCSW, Rocio Urbina, LCSW DSH-Patton

1.5 CEU/1.5 S.W. CEU

Summary: We must ensure that discharge planning begins from admission and ensure that each discharging patient is provided with a comprehensive discharge packet in order to uphold the best standard of social work practice. Using the current best practice approach is essential to a successful discharge and requires that each discharge be tailored to the unique needs and desires of the population we serve. This presentation will be divided into three sections in which we will discuss the multitude of discharges handled at DSH-Patton Discharge Planning and Community Integration Department (DPCID), DCAT Discharges, and CONREP Discharges.

#### 10:30-12:00

Presentation: Turning the Ship Around - Changing a Unit Culture

Presenters: Nitin Kulkarni, M.D., Wadsworth Murad, D.O., Philip Skoretz M.D.

DSH-Patton

1.5 CEU/1.5 S.W. CEU

Summary: What does it take to turn around a challenging forensic unit <u>and</u> to sustain that positive change? DSH-P's all-female specialty Unit 32 has made significant positive changes in the recent past through an inter-disciplinary effort. Our panel comprising members of Treatment Team and Level of Care staff will highlight these efforts as well as some ongoing challenges.

12:00-1:00 Lunch

#### **Concurrent Presentations**

1:15-2:45 Auditorium

Presentation: Treatment of the Antisocial/Psychopathic Patient-A Follow up Two Years Later

Presenter: Edward Bischof, Ph.D.

**DSH-Atascadero** 

1.5 CEU/1.5 S.W. CEU/1.5 CME/1.5 Psychology CEU

Summary: This lecture is a Power Point presentation reviewing the therapeutic approach I presented 2 years ago with refined recommendation for treatment of the psychopathic patient. From my work with this population in the last year, data on the reduction of acting out behavior (defined as anything that rises to the level of a SIR) will be presented with case discussions.

1:15-2:45

**Staff Development Center-Room 10A (35)** 

Presentation: Understanding Probation Group

Presenter: Michael Ehlers, LCSW, Jeff Soriano, LCSW

DSH-Patton

1.5 CEU/1.5 S.W. CEU

Summary: The "Understanding Probation" group helps to prepare patients to understand the plea agreement for probation, clarify expectations, learn the conditions of probation, and how to avoid violations. This group is very relevant since a high volume of persons committed under penal code 1370 may be eligible for probation. This presentation will outline the structure and content of this specialty group. San Bernardino County Mental Health probation officers will join us for a Q & A about the services offered.

#### Staff Development Center-Room 15 (35)

1:15-2:45

Presentation: Forensic Psychology: Social Stigma on Postpartum Psychosis/Depression

Presenter: Shanna Cullen-Carroll, MA

Mt. San Jacinto College

1.5 CEU/1.5 S.W. CEU

Summary: The cases of postpartum depression and postpartum psychosis continue to be misunderstood by society because of the lack of education. Join in a conversation about the topic as well as the importance of educational needs within our society and professional worlds.

1:15-2:45

#### Staff Development Center-Room 20 (60)

Presentation: Supporting Patients in DBT through Rehabilitation Therapy

Presenter: Jennifer Deterville, MT-BC, Nina Matthews, RT-AT, Jeff King, RT

**DSH-COAC**, **DSH-Metro** 

1.5 CEU

Summary: Rehabilitation Therapy and Dialectical Behavior Therapy: An overview of state-wide training efforts and a demonstration of how Rehabilitation Therapists use art, music, dance and recreation to reinforce DBT skills with DSH patients.

2:45-3:00

Break

3:00-4:30

**Staff Development Center-Room 10A (35)** 

Presentation: Recovery Lifestyle Program

Presenter: Andre Bryant, PT

DSH-Patton

1.5 CEU/1.5 S.W. CEU

Summary: Recovery Lifestyle Program (RLP) is holistic program to develop a healthy lifestyle which supports an individual's commitment to a clean and sober life through strengthening mental and physical, emotional, social and spiritual health, by building therapeutic relationships with the program participants.

3:00-4:30

Staff Development Center-Room 15 (35)

Presentation: God, Religion, and Madness

Presenters: Gershon Winkler, Ph.D, Rabbi Miriam Maron, Ph.D.

**DSH-Patton** 

1.5 CEU/1.5 S.W. CEU/1.5 CME

Summary: Got religion? The fact that you don't have to "see it" to "believe it" sounds not much less delusional than the conviction of those we hospitalize. Join us as we explore both, psychoses and spirituality, their points of diversion and intersection, in light of contemporary western science and ancient Jewish wisdom.

Presentation: Come On, Get Happy! An Exploration of Happiness, Well-Being and Positive Psychology

Presenters: Adam Jones, LCSW

DSH-Patton

1.5 CEU/1.5 S.W. CEU

Summary: How can we become happier? Better yet, what will help us flourish? This presentation will examine those questions as well as the role of positive psychology in improving one's mental health.

### **CONTINUING EDUCATION**

Provider approved by the California Board of Registered Nursing, Provider # 00134. This conference offers 40.5 CEUs.

Courses marked as SW CEU meet the qualifications for continuing education credit for LCSW and MFTs as required by the California Board of Behavioral Sciences (PCE 603). This conference offers 37.5 CEUs.

Courses marked as Psychology CEU will offer continuing education credit for Psychologists. Patton State Hospital is approved by the California Psychological Association to provide continuing professional education for Psychologists. Patton State Hospital maintains responsibility for this program and its content. This conference offers 16.5 Psychology CEUs.

For CME information, please contact Bobbi Harris. (909) 425-7250

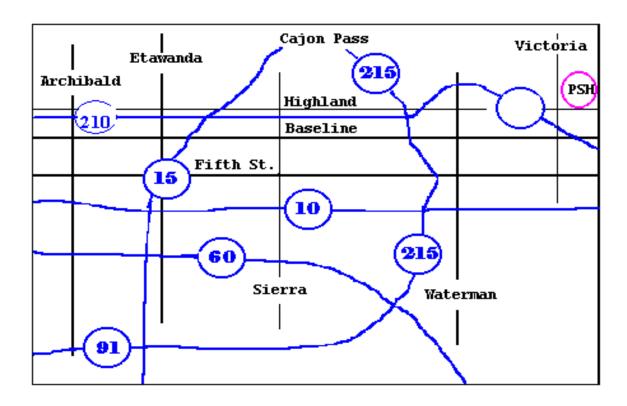
For CEU information:

Nursing: Eliseo (Jun) Reyes SRN (909) 425-6152

Social Work: Veronica Kaufman LCSW, Chief of Social Work (909) 425-7282

Psychology: David Glassmire Ph.D. (909) 425-6573

### Where's Patton?



#### **DIRECTIONS:**

<u>From the I-10 West:</u> Take the I-10 East to 210 West; exit Highland Ave. turn Right on Highland, pass Victoria Avenue- Patton State Hospital (3102 E. Highland) is on left side of street.

<u>From 210 West:</u> Take 210 East towards Redlands, exit Highland Ave. turn Left on Highland, pass Arden and Victoria Avenues-Patton State Hospital (3102 E. Highland) is on the left side.

#### WHERE IS THE AUDITORIUM AND PARKING?

Enter the main entrance to the hospital (North) from Highland Avenue, turn left in front of the Administration building (second stop, at the flag pole); Auditorium is directly ahead on the right.

Parking is available north of the hospital in the overflow parking area. Please do <u>NOT</u> park in designated rideshare or handicapped parking, unless you have the proper placard. Parking and traffic laws are enforced by the Hospital Police Department and the California Highway Patrol.

