

Statewide and Hospital-Specific Combined Contraband List

- A. "Contraband" means materials, articles, or goods that patients are prohibited from having in their possession because such materials, articles, or goods present a risk to safety and security to patients, staff, and the facility. (W&I § 7295, subd. (i); Cal. Code Regs., Tit. 9, § 881, subd. (e))
- B. Items restricted for use only while under supervision or control may be considered contraband for the purposes of this list when the controlled or supervised items are in patients' possession without staff supervision.
- C. All items which are illegal to possess (by Federal and State Law) are considered contraband by default, whether specifically contained in this list or not. This includes any items prohibited as a condition of parole for any patient on active parole while housed in a DSH facility.
- D. All items received or purchased must come directly from a vendor. Refurbished items are prohibited and will be considered contraband.

*All patient property is limited to what will fit in each patient's dorm room locker (4' x 4' x 2') and day hall locker (1' x 1' x 1') locker. No food items are allowed in the dorm room lockers.

** California Code of Regulations - § 4420. Limitations on Size, Weight, Volume and Frequency/Number of Packages Allowed. Attachment D

Bold/Underline = changes/additions made to the list

❖ Statewide Contraband List

CONTRABAND LIST

1. Any policy, manual, directive, or other facility or DSH document deemed "Patient Restricted". ❖
2. Any item that is being used in an improper manner and/or altered present a danger to the safety of any patient, staff member, or visitor. ❖
3. Alcohol - any liquid containing alcohol and/or intoxicants, except those items used under direct staff supervision.
4. Alcoholic beverages. ❖
5. All illegal drugs, including but not limited to narcotics, marijuana, hallucinogenic and non-prescribed medications. ❖
6. All smoking and tobacco products, as outlined in Welfare and Institutions Code section 4138, including electric cigarettes commonly referred to as e-cigarettes, electronic vaping devices, personal vaporizers (PV), or electronic nicotine delivery systems.❖
7. Aluminum foil.
8. Balloons. ❖
9. Bar soap - unless it is state issued.
10. Blank State of California or other hospital related letterhead or stationery. ❖
11. Belts, belt buckles, and suspenders.
12. Cameras. ❖
13. Cayenne pepper - powder form only is contraband (also known as the Guinea spice, cow-horn pepper, red hot chili pepper, aleva, bird pepper, red pepper).
14. Dental Picks.
15. Fruit (fresh or dried). Products containing fresh or dried fruit as an ingredient are allowed.
16. Chemical dispensing control devices, such as mace, pepper spray, or tear-gas. ❖
17. Cleaning chemicals, including but not limited to ammonia, in pure form or any other chemicals not approved by Health and Safety Committee. ❖
18. Nail art stickers (including but not limited to foil-based products).
19. Combustibles, inflammable liquids or explosives, and explosive making materials. ❖
20. Correcting fluid, tape (white-out of any type). ❖
21. Corrugated cardboard - (all cardboard that has been altered from its original use).
22. Detachable external speakers with cords. ❖
23. Drugs, medicated products, or dietary supplements not provided, or specifically approved by the hospital. Drugs or medications prescribed but not consumed at

- time of issue, unless specifically approved. (May be approved in special circumstances by each facility). ❖
24. Electronics with wireless capabilities, including but not limited to cell phones, PDAs, SIM and SD cards, flash drives, tablets, and videogame systems with internet capabilities (e.g., Bluetooth, WIFI, USB ports). Electronics with external audio or video recording capability, including recordable greeting cards. All electronic items must comply with California Code of Regulations, Title 9 section 4350. ❖
 25. Escape devices such as lock picks, devices made capable of opening handcuff/restraint and or any metal fashioned into a lock picking escape device such as lock picks. ❖
 26. Fingernail files, metal over 1.5 inches in length with pointed tip. ❖
 27. Gang related or gang identifying items, as identified by the Administration of the facility. ❖
 28. Glass, including but not limited to glass mirrors, containers, and glass fragments including ceramics, except those items used under direct staff supervision. ❖
 29. Gum.
 30. Headphones with metal in headband. ❖
 31. Caffeinated teas. ❖
 32. Hypodermic needles.
 33. Identification items or financial payment methods: driver's licenses, birth certificates, bonds, Social Security cards, credit cards, bank books, or any form of identification not provided by the hospital. Exception for those allowed as part of a treatment plan. ❖
 34. Incendiary devices, including but not limited to matches and lighters. ❖
 35. Items containing metal bindings, including but not limited to books and binders.
 36. Jewelry - No piercings allowed on face/nose/body. No pins, nose rings, chains, or necklaces. No metal parts with sharp edges.
 37. Keys, except locker keys issued to DSH-Metro patients. ❖
 38. LCD batteries and LCD operated appliances, including recording, electronic, mechanical transmitting devices. ❖
 39. Luggage, purses, fanny packs or bags with detachable straps. ❖
 40. Maps of local and surrounding counties, any source literature, including local maps or electronic devices capable of displaying maps. ❖
 41. Material giving instruction on escape, bomb making, bugging, surveillance,

- surreptitious entry, acts of violence, or any illegal activity. ❖
42. Materials used in tattooing, including but not limited to, fountain pens (bulb type)❖
 43. Miscellaneous sports equipment - (games containing metal) Items including but not limited to baseball bats, baseball gloves, dumbbells, jump ropes, tennis rackets, golf clubs. Except items when supplied by DSH can only be used under the direct supervision of treatment staff.
 44. MP3 players or other devices with voice recording capability, WIFI and or Bluetooth capabilities. This includes musical or recordable greeting cards. ❖
 45. Clothing (non-state issued) pursuant to California Code of Regulations, Title 9, section 890. Exceptions that are allowed for personal items such as shoes, caps, gloves, scarves, or undergarments, if they meet hospital requirements. ❖
 46. Baby oil, coconut oil, and hemp oil. Products that contain these oils as an ingredient may be allowed. ❖
 47. Paper money, coins.
 48. Loose staples.
 49. Pens and pencils - (hard plastic, non- flexible pens and pencils exceeding 3 ½ inches).
 50. Personal information of any nature (including, but not limited to home addresses, telephone numbers, and photographs) of any District Attorney, victim, Law Enforcement employee involved in any patient's case, any staff member, volunteer, or contract employee of the Department of State Hospitals.
❖
 51. Personal property held in quantities exceeding institutional set space limitations. All patient personal property must be able to fit in the patient's day hall locker (1' x 1' x 1') and dorm room locker (4' x 4' x 2'). ❖
 52. Pictures of the patient alone, or of another patient alone, except for pictures on the patient's hospital identification card. Exception may be made for photographs of the patient as a child or adolescent. ❖
 53. Plastic wrap. ❖
 54. Pornographic material - (any material that depicts a rape, penetration, sadomasochistic act, child sexual content, material/erotica, or crime of violence).
 55. Portrayals of nudity of a minor, or person who appears to be under 18 years

old and/or portrayals of sexual conduct where any of the participants is a minor, or appears to be under 18 years old, as determined by administrative review. ❖

56. Pressurized air, including but not limited to, air horns, air compressors, blow horns, pressurized dispensers, and sirens. ❖
57. Radios or scanning/monitoring devices capable of receiving or interfering with law enforcement/fire emergency broadcasts, shortwave or CB radios of any type, and satellite radios. ❖
58. Rechargeable batteries.
59. Rope, twine, cord, wire and/or jeweler's wire. ❖
60. Rubber Bands.
61. Flexible Rulers only are allowed. No more than 12 inches in length
62. Sandpaper and emery cloth.❖
63. Scarves or any neckwear.
64. Shoe polish or dye.❖
65. Shoelaces.❖
66. Shoes with steel shanks, hollow heels, or magnetic components.❖
67. Solvents, including but not limited to, paints, lacquers, shellac, and acetone, including acetone-based nail polish remover.❖
68. State issued clothing that has been altered or any worn in a manner commonly associated with gangs. ❖
69. Stickers (including unused address labels).
70. Stuffed animals and pillows (except State issued).
71. Styrofoam, modified from original form. ❖
72. Sunglasses that are reflective or too dark to assess the patient's eyes or sunglasses with exposed metals (not encased in plastic). Sunglasses need US approval. ❖
73. Tape, including but not limited to, strapping tape or other tapes containing fiberglass or reinforcing fibers.❖
74. Telephone directories; local community and facility. ❖
75. Thermal cups, except those sold or issued by a facility.❖
76. Tools or metal utensils not being used under staff supervision. ❖
77. Umbrellas. ❖
78. Vaseline (products that contain Vaseline may be allowed).
79. Weapons that can inflict bodily harm, including but not limited to swords, spears, daggers, razor blades, mechanically projected missiles, guns, bullets, ammunition, explosives, scissors, letter openers, drawing compasses, saw blades, metal nail files

over 1.5 inches in length, etc., metal items which could be fashioned into weapons, including but not limited to metal clothes hangers. ❖

CONTROLLED ITEMS

(Items are to be checked out by the patient daily and returned prior to a patient going on grounds, to a medical appointment or at the end of each shift.)

1. Dental floss - State issued only.
2. Detachable cords and adapters (not to exceed six (6) feet in length). Limit of five (5) cords per patient and only three (3) cords can be used at one time. Attached cords not allowed.) Additional cords need approval from US.
3. Sports equipment - (Items including but not limited to basketball, volleyball, frisbee, handball, hacky sack, tennis ball, football, yoga mat).
4. Rain poncho-(limit of one (1)).
5. Colored pencils. These may be purchased through Walkenhorst only.
6. Yoga mat. Limit of one (1). Patient purchased mats may be stored in their locker. Yoga mats can only be used on the unit and cannot be taken to grounds.
7. Playing Cards. Limit of one (1) deck. Patient purchased playing cards may be stored in their locker. Playing cards can only be used on the unit and cannot be taken to grounds.

SUPERVISED ITEMS

(Items can only be used under the direct supervision of treatment staff)

1. Art/Craft Supplies - Supplies including but not limited to glue, cardstock, tracing paper, carbon paper, paint, clay, stickers, and markers.
1. Baby Powder/Talcum Powder - Limit of one (1) each.
2. Curling Iron, Hair Dryer, Rollers (foam type only) - Limit of one (1) each/set of rollers, max twelve (12). ❖
3. Electric Razor.
4. State issued flash drives.
5. Musical instruments – Prior to the patient ordering and or receiving the item as personal property, the treatment team shall assess the patient’s ability to access the item as a supervised item. If item is denied, the treatment team will document the reason for denial on the PSH 7130.
6. Nail Polish (limit of two (2)) and Polish Remover (non-acetone only).

7. Plastic Utensils (except spork) - State issue only.
8. Sports Equipment- workout gloves/leather gloves. ❖
9. Tweezers.

In addition to the contraband items listed above, patients are prohibited from possessing any non-contraband items or objects that have been altered, stolen, bartered, traded or that exceed allowable maximums (quantities are based and set, reducing the likelihood of items being used as currency or presenting a health, fire, or safety hazard.)

ITEMS WITH LIMITS

1. Alarm clock – battery operated only, limit of one (1). Must have US approval.
2. Batteries- can only be purchased through the canteen. Limit is only the required number of batteries needed for the appliance. Batteries are only allowed in the patient's possession if they are required for an item.
3. Bowls, (soft plastic). Limit of three (3).
4. State issued clothing - a limit of seven (7) sets each. A set includes one (1) tee shirt, one (1) button up shirt, one (1) pair of pants and/or one (1) pair of shorts. Industrial Therapy (IT) workers may have ten (10) sets X. Undergarments (bras, underwear/underpants, and sock colors will NOT be restricted.) Limits -bras ten (10), underwear/underpants ten (10), socks no longer than crew length (ten (10) pairs).
5. Do Rags. Must be a do rag cap with no strings. Limit of one (1).
6. Jackets - limit of two (2) each. Items may not be altered/written on. ❖
7. Jewelry - Bracelets and or watches. Limit two (2) are allowed when made of a single strand chain, nylon, or plastic. Earrings (limit of two (2) pairs), no larger than a dime (11/16" or 17mm) in diameter.
8. Coffee - decaf only. Limit of three (3) pounds.
9. Combs and hairbrushes - limit of two (2) each. No more than ten (10) inches in length, or with any sharp components.
10. Cup or tumbler. Limit of two (2). Cannot have a false bottom or be insulated.
11. DVD/CD/Blu Ray Disks – Must be properly labeled with patient's name and DSH – Patton number. Plastic cases for these items are not allowed. Limit of thirty (30).
12. Emery board - limit of two (2) each.
13. Eyeglasses/Sunglasses - limit of one (1) pair each.
14. Food ** - Food must be in a non-contraband container and refrigerated after opening only with items purchased from canteen.

15. Hair accessories - (ponytail holders/plastic barrettes) Limit - ponytail - two (2) total with a maximum diameter of two (2) inches. Plastic barrettes - no more than two (2) inches long. Staff may store a total of twelve (12) ponytail holders/plastic barrettes. Plastic hair combs - no more than six (6) inches long, limit of two (2). No plastic alligator clips. No metal components.
16. Hats- no offensive logos, no gang logos, no wire parts, no head wraps, no bandanas, nothing knitted or crocheted. Limit of two (2) each.
17. Headphones/Ear buds (Cord no more than six (6) foot in length) - limit to one (1) pair each. Limit of one (1) type each.
18. Hygiene products (grooming aids). Non-aerosol products, plastic container only * Limit of three (3) of each type of product.
19. LED book light -. Limit of one (1). No metal parts.
20. Make-up, limit of three (3) each type. No make-up brushes allowed except small retractable brushes, small sponge applicator. Retractable eyeliner pencils only. Make-up products cannot exceed eight (8) inches in size and must be able to fit in the patient's 1'x1'x1' locker.
21. MP3 players no voice recording, remote, internet, Bluetooth, or camera capability. Limit of one (1).
22. Oil (essential scented oil) - plastic bottle only, limit of one (1) ounce or smaller. Must be kept in original labeled container. Limit of one (1) ounce total.
23. Pajamas and robes – State issue only. Limit of two (2) sets of pajamas and one (1) robe.
24. Publications includes books, newspaper, magazines, catalogs, library books, and religious publications must be from a vendor. Limit of twenty (20).
25. Rings that are flat and no sharp edges requires a Liability Waiver when valued at \$100 or more. No raised edges. Limit of two (2).
26. Shoes/Footwear (no shoes with shoelaces) * Limit of four (4), including sandals, slides, and flip-flops, but not including one (1) pair of state issued shoes.
27. Spray (hair) (non-aerosol products, no combustible ingredients, plastic container only.) Limit of three (3).
28. Stamps, envelopes (unused) - (address labels not allowed). To be purchased through canteen or vendor only. Limit of twenty (20) each.
29. Television/Monitor and LCD DVD player (no Wi-Fi, Bluetooth, computers, USB ports or internet capabilities. All electronic items must comply with California Code of Regulations, Title 9 section 4350, as space permits, and cords must be detachable. * - Limit of one (1) each.

- 30. Toothbrush and toothpaste- To be supplied by DSH or purchased through vendor only. Must have US approval. Limit of two (2) of each item. Must exchange one to receive one.
- 31. Video game systems no Wi-Fi, Bluetooth, or internet capabilities. All electronic items must comply with California Code of Regulations, Title 9 section 4350, as space permits, and cords must be detachable. * Limit of one (1).
- 32. Walkman/Discman/DVD type radio/player - Limit of one (1) of each.
- 33. Phone cards- Purchased through hospital canteen vendor only. Limit of six (6) are allowed in possession. In possession means physically on the patient or in their property. Phone cards can be purchased in \$5.00 to \$10.00 increments.

Supervised Items – Items which will only be used under the direct supervisions of treatment staff.

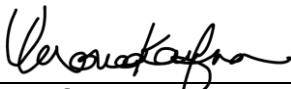
Controlled Items- Items are to be checked out by the patient daily and returned prior to a patient going on grounds, going to a medical appointment, or at the end of each shift.

Items with limits - Items are on an exchange system. One item must be exchanged/turned in to receive a new one.

Liability Waiver for all items valued at \$100.00 or more. Fore items which are valued at \$100.00 or more the patient shall sign a "Lost/Damaged Personal Property Liability Waiver" form (PSH 7355) prior to possession of the item.

For all items requiring the Unit Supervisor/Treatment Team approval the Unit Supervisor will review and approve the purchase through the Withdrawal of Client Funds (MH 5216) Process.

Approved:



Veronica Kaufman, Executive Director
Department of State Hospitals

2/25/25

Date



Stephanie Clendenin, Director
Department of State Hospitals

2/25/2025

Date